

# Pharmacy Pearls for Prescribers- Obesity and Bariatric Surgery

Enduring Material

\*\* An e-learning course available on the Avera portal \*\*

## **Program Goal**

Pharmacy Pearls for Prescribers provides up-to-date information on medications, developed by a multidisciplinary group of AMG primary care physicians and pharmacists from Avera Health and Avera Health Insurance Division. An interdisciplinary group has been working to develop educational materials to meet this need. In this series we will discuss obesity and bariatric surgery related to: medications for weight loss, complications related to bariatric surgery, pharmaceutical agents that can cause weight gain, and strategies for medication use after bariatric surgery.

## **Objectives**

- 1 Investigate medications for weight loss
- 2 Recognize complications related to bariatric surgery
- 3 Identify pharmaceutical agents that can cause weight gain
- 4 Determine strategies for medication use after bariatric surgery for the management of chronic conditions

## **Outcome**

100% of participants will demonstrate their knowledge and strategy of the care of overweight patients or those who have had bariatric surgery by passing a post-test with a score of 80% or better.

## **Target Audience**

**Professions** – Physician, Nurse - RN, Pharmacist

## **Completion Requirements**

- Read document
- Complete the post-test
- Complete the evaluation

## **Accreditation & Credit Designation**

### **Physicians**

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Avera designates this educational activity for a maximum of **1.00 AMA PRA Category 1 Credits(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Nurses (NCPD)**

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total of **1.00** contact hours can be received upon completion of this education activity. Attendance at the entire educational activity is required to receive contact hours. This activity has been approved for **1.0** pharmacotherapeutic credits.

## **Additional Information**

Feedback person for this educational activity is: amy.skoglund@avera.org

Enduring material available from 11/4/2022 to 12/31/2022

This course content was reviewed on 11/4/2022

## **Disclosure Policy**

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

<b>Name of individual</b>	<b>Individual's role in activity</b>	<b>Name of Ineligible Company(s) / Nature of Relationship(s)</b>
Thomas J Babb, PharmD	Committee Planning Member	Nothing to disclose
Donald Bladt 6203, PharmD	Committee Planning Member	Nothing to disclose
Luke Merkel, PharmD	Committee Planning Member	Nothing to disclose
Denise Page, BS	Committee Planning Member	Nothing to disclose
Lena Tran, MA, Adult Education	Committee Planning Member	Nothing to disclose
Emily Van Klompenburg, PharmD, BCACP	Committee Planning Member	Nothing to disclose
Allison 4472 Hein 4972, PharmD, BCPS	Committee Planning Member, Faculty	Nothing to disclose
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Chad Thury, DO	Content Expert - Committee Member, Lead Planner	Nothing to disclose
Craig 5862 Fjeldheim, PharmD	Faculty	Nothing to disclose
Ashley Green, PharmD	Faculty	Nothing to disclose
Jordan Kimball , PharmD	Faculty	Nothing to disclose
Kasey Teigen, Student	Faculty	Nothing to disclose
Rebecca VandeKop, MD	Lead Planner	Nothing to disclose
Amy Skoglund, RN, Nurse	Nurse Planner	Nothing to disclose

